

Trials for East Midlands Virgin Mini London Marathon Team

Sunday 7 March 2010

Holme Pierrepont Water
Sports Centre, Nottingham

Under UKA rules



11.30am	11-12 year old boys	approx 4K
11.45am	11-12 year old girls	approx 4K
12.15pm	13-14 year old boys	approx 5K
12.30pm	13-14 year old girls	approx 5K
1.00pm	15-17 year old boys	approx 5K
1.15pm	15-17 year old girls	approx 5K

Entry Fee: £3.00 per runner

Runners must run in the age category they are going to compete in on **Sunday 25 April** the date of the **Virgin London Marathon**. A runner may be selected for a region, i.e. East Midlands, **if they reside, go to school, or were born in the region.**

Closing date for entries: Sunday 1 March 2010

Six runners will be selected to compete for the East Midlands in each age group team plus adequate reserves. Selected athletes will travel to compete at the Virgin Mini London Marathon. There are no team races for this event; everyone must enter as an individual and there will be no preselection of athletes. Numbers will not be sent out, and should be collected on the day at Registration.

Team details: Members of the selected teams will travel together by coach, from a central pick up point, to London on the 24 April 2010. They will have an overnight stay and travel to the race start for 9am on the 25 April. After the Mini Marathon event they will return from London about 1pm. All travel, accommodation, kit, and meals will be provided. Full details of all the arrangements will be given out to successful athletes at the race on the 7 March 2010. Entries can be checked on the Nottinghamshire AAA website: www.nottsaaa.org

Full name:

Place of birth: Town: County:

Age information: Date of birth: Age on 25 April 2010:

Home address:

 Postcode:

Home telephone:

Personal mobile*:

Email address:

Name of school:

Address of school:

 Postcode:

School tel. (if known):

*essential for MLM organisers

I enclose an entry fee of **£3.00** (cheque/postal order only, payable to 'England Athletics') for the race on the **7 March 2010**.

Signature of athlete Date:

I consent to my child/ care taking part in this event

Signature of parent/carer Date:

Please send completed entry forms, with a postal order or cheque made payable to 'England Athletics' to:
Virgin Mini London Marathon Trials, 10 Richmond Gardens, Redhill, Nottingham NG5 8JS tel 0115 9265257