

## **DIARY DATES**

### **MHAC Promotions 2009**

**Sun 4<sup>th</sup> April Open Graded Meeting**

**Fri 24<sup>th</sup> April Open 5K Road Race**

**Sat 29<sup>th</sup> Aug Open Graded Meeting**

**Fri 4<sup>th</sup> Sept Open 5k Road Race**

**Full details to follow**