



LSAC 1st Indoor Open Meeting 07-08



Saturday 15th December 2007

PROVISIONAL TIMETABLE

As at 28th November 2007

TRACK EVENTS

(Start at 13.00pm)

13.00 60m Senior Men 1st series

13.35 60m Senior Women 1st series

13.55 60H Senior Men 1st series

14.10 60H Senior Women 1st series

14.25 60m Senior Men 2nd series

14.55 60m Senior Women 2nd series

15.15 60H Senior Men 2nd series

15.30 60H Senior Women 2nd series

N.B. **Pole Vault will have common warm Up – with men's competition following on straight after the Women's competition has finished.

FIELD EVENTS

(Start at 12.00 noon)

11.00 Shot Put Men

11.50 Shot Put Women

13.10 Pole Vault Women** [min PB 3.50m]

14.00 Pole Vault Men** [min PB 4.30m]

**LSAC MEMBERS FREE!! For non members cost £5 payable to LSAC
No entries on the day!! for more details please e-mail Nick Dakin on N.
dakin@lboro.ac.uk**



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Name
Event[s]
PB['s]
Club
E-Mail
Entries close 12th December 2007
Entry Fee £5 Payable to 'LSAC' send to

*Nick Dakin
Sports Development Centre
Loughborough University
Epinal Way
Loughborough LE11 3SB*

N.B. There is limited entry for the Shot and Pole Vault in this meeting, so please contact Nick Dakin at N.Dakin@lboro.ac.uk to confirm participation in the first instance.

All entries will be confirmed by return e-mail

Please note - all competitions at senior specification

NO ENTRIES ON THE DAY!!!!!!