

Mens 10K Performances 2007

Under 20

1st	Dan Heathcote	36:04	Nottm	9th April
2nd				
3rd				
4th				
5th				

Seniors

1st	Luke Cragg	31:09	Rothwell	29th April
2nd	Luke Cragg	32:10	Trafford	4th March
3rd	Steve Capewell	33:27	Derby	29th April * Long Course
4th	Steve Capewell	33:39	Dewsbury	4th February
5th	Steve Capewell	34:13	Nottm	9th April
6th	Steve Capewell	34:14	Lincoln	25th March
7th	Carl Emery	36:07	Dewsbury	4th February
8th	Faz Fahy	36:12	Lincoln	25th March

Vets 40-49

1st	Doug Ross	34:18	Lincoln	25th March
2nd	Pete Stafford	34:49	Dewsbury	4th February
3rd	Doug Ross	35:29	Rother V	28th April
4th	John Farquharson	35:31	Dewsbury	4th February
5th	D. Hodgkinson	36:43	Nottm	9th April
6th	John Farquharson	36:51	Rother V	28th April
7th	Doug Flett	37:35	Dewsbury	4th February
8th	Trevor Hiscox	38:52	Dewsbury	4th February

Vets 50+

1st	Keith Mellor	41:47	Dewsbury	4th February
2nd				
3rd				
4th				
5th				

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 Ladies 10K Performances 2007

Under 20

1st	Gemma Curley	44:45	Dewsbury	4th February
2nd				
3rd				
4th				
5th				

Seniors

1st	Liz Lilley	38:38	Nottm	9th April
2nd	Eva Williams	45:18	Rother V	28th April
3rd	Helen Hoxha	46:25	Dewsbury	4th February
4th	Claire O'Mara	58:00	Lincoln	25th March
4th				
5th				

Vets 40-49

1st	Jane Stafford	47:51	Dewsbury	4th February
2nd	Elaine Greaves	52:54	Dewsbury	4th February
3rd	Elaine Greaves	58:43	Rother V	28th April
4th				
5th				

Vets 50+

1st	Maddy Collinge	48:45	Rother V	28th April
2nd				
3rd				
4th				
5th				