

With the snow causing chaos to the road and cross-country calendar it has been left to Mansfield Harriers track athletes to shine over the last few weeks.

Twin brother and sister Ryan and Christie Childs took the glory at the Midland Counties Indoor Championships at Birmingham's National Indoor Arena both returning with gold medals.

Ryan struck first, taking first place in the Under 17 Mens 400m on Saturday before Christie proved she was his match taking the 800m title on the Sunday.

Ryan ran a new personal best in his 400m heat clocking 51.72 before cruising to victory in the final in 53.47. Christie warmed up for her 800m with an outing in the 300m on the Saturday where she finished 3rd in her heat with a time of 42.98. Finishing 2nd in her heat of the 800m in 2:20.30 she took revenge in the final winning in a time of 2:19.95. Ryan finished off the weekend with a bronze in the 800m clocking 2:08.3.

Sam Cordin just missed out on the medals in the Senior Men's 200m finishing in 4th spot with a time of 22.51 after clocking 22.27 to take second in the semi-final. The next day Cordin and Martin Cook were drawn in the same heat of the Senior Men's 400m. The duo battled it out with Cook just edging home in front finishing second in 49.52 with Cordin just behind in 49.74.

Cook went on to finish second in his semi-final in 49.98 before missing out on the medals in the final with a 4th place spot in 50.65 for.

Adam Sansom took a second off his personal best recording 51.22 to finish 3rd in his heat of the Under 20 Men's 400m

Neil Baines returned to action in a Mansfield vest finishing 4th in the semi final of the 200m on Saturday in 22.95 after a second place finish in his heat where he ran 23.08. He returned on the Sunday to run a credible 51.34 for 3rd place in his heat of the 400m.

Matt Woolley and Martin White both turned out in the 60 metres, Woolley recording 7.31 to take second place in his heat and White clocking 7.59.

Chloe Elphick returned with a medal from her Triple Jump performance, her best jump of 9.57m gaining the bronze.

Jonathan Newell, Stef Wilcockson and Rachel Brandham were the final 3 Mansfield athletes to make the trip, Newell doubling up and gaining a 4th place finish in the 60m Hurdles heat in 9.54 and finishing 5th in his 400m heat in 54.79. Wilcockson recorded 53.90 for a 3rd place spot in his 400m heat whilst Brandham was 5th in her 800m heat in 2:34.91.

Chris Brown was in action elsewhere selected to represent Team Sheffield in the McCain Inter City Challenge at Sheffield's Indoor Arena. This was Brown's first indoor outing of the winter and he went out strong in his 800m but struggled in the last 200m finishing 6th in 1:58.50.

Breaking news (more details to follow in next weeks report)

The club 3k and 5k records were lowered this week, Stephen Lisgo (3k in 8:05.81.) and Luke Cragg (5k in 14:15.12).!

Congratulations to Christy and Ryan Childs for their fine performances at the national age group indoor champs. Two fourth places in the under 17 800m just missing out on national medals (pus creditable performances in the 300/400m).

And to Danny Heathcote on winning the Army national U'20 x/c champs (also 9th in the senior race).

What a week!!!

