

Forest Town's Stephen Lisgo did Mansfield proud in his first outing in a Team GB vest. Competing in the European Under 23 Championships in Kaunas, Lithuania Lisgo finished second in his heat of the 3000m steeplechase before going on to take 5<sup>th</sup> spot in the final.

The race was won by a Russian athlete with 2<sup>nd</sup>, 3<sup>rd</sup> and 4<sup>th</sup> all producing personal best performances for the 2 Spaniards and one Pole – Lisgo's time of 8:45.77 being 10 seconds down on his season, and personal, best.

On home soil James Mee, Stuart King and Natalie Yates were in action over 1500m at the Solihull BMC Grand Prix with Mee producing a PB of 3:54.52. Yates ran a season's best of 4:46.79 and, after 2 years away from the sport, is beginning to get back to the sort of form she is capable of. King, meanwhile, was disappointed with his time of 3:58.17.

Earlier in the week Mike Mumford ran in another BMC event at Birmingham producing a PB over 800m of 2:04.02.

Doug Ross, Steve Grainger and Steve Davies travelled to Doncaster where they all took to the town centre for the 3 lap Doncaster 5K Road Race. Ross finished in 3<sup>rd</sup> place in the field of 180 finishers clocking 16:44 with Grainger in 8<sup>th</sup> place in a time of 17:18 and Davies in 15<sup>th</sup>, recording 17:48.

Harriers were in action in the fourth of five Booth Decorators Road race league fixtures at Carsington Water in Derbyshire. After a ten minute delay to the start due to a thunderstorm Pete Stafford produced another strong run to come home as the first green and blue vest, finishing in 5<sup>th</sup> place clocking 29:58.

Brian Harris was next back for Mansfield, recording 34:13 to take 48<sup>th</sup> position with Dave Peet just 6 seconds behind him – finishing 50<sup>th</sup> in 34:19.

Trevor Hiscox was 56<sup>th</sup> in 34:29 with Grant Saxton 62<sup>nd</sup> in 34:42. Miriam Tedder was first Mansfield lady back in 80<sup>th</sup> spot in a time of 35:36 with Jason Foster 5 seconds behind her in 81<sup>st</sup> place. Youngster Demi-Jade Jakymelen was 92<sup>nd</sup> in 36:25 with Pete Collinge and Julian Wood just making the top 100, finishing 98<sup>th</sup> and 99<sup>th</sup> respectively in times of 36:38 and 36:43.

With one race remaining Mansfield's women lie in 2<sup>nd</sup> place, the men in 4<sup>th</sup> and the overall team in 3<sup>rd</sup>.

OTHER MANSFIELD FINISHERS: 116 – Helen Scott: 37:51, 133 – Dave Ward: 39:45, 135 – Carol Hartin: 39:53, 139 – Dave Rose: 40:12, 148 – Tina Green: 40:57, 151 – Jane Stafford: 41:04, 164 – Maddy Collinge: 41:57, 183 – Denise Winfield: 45:20, 187 – Lynne O'Reilly: 46:15, 201 – Michelle Peet: 48:23, 202 – Elaine Greaves: 48:23.

Natalie Yates took the trophy for first lady home at the challenging Hardwick 6 mile road race finishing in 13<sup>th</sup> position overall in a time of 39:38.

Trevor Hiscox and Julian Wood were the other Mansfield athletes in action – Hiscox recording 42:55 for 34<sup>th</sup> spot and Wood coming home in 54<sup>th</sup> place in 45:11.