

Mixed fortunes hit our local representatives in the Aviva European Trails and UK Championships held at Birmingham last weekend.

Danny Barkes made it through his 800m heat running 1:51.17 and then exited at the semi-final stage clocking 1:53.28. Meanwhile Chris Brown went out in the 800m heats running 1:52.40 whilst Stephen Lisgo will be disappointed with his 9:12.09, placing him 13<sup>th</sup> in the 3K Steeplechase. Rachel Gair, competing for Trafford AC, was seventh in the Hammer with a best throw of 56.50m.

Mansfield's Under 20 team went to Stafford for the third match in the Midland Premier League of the National Junior League, a great team performance keeping them out of the relegation zone.

David Lagerberg produced another PB over 400m, clocking 48.4, the second fastest time in the UK this year by an Under 17, to win the A string. Joe Sassi, in only his second outing of the season clocked a big PB of 51.4 to take second in the B string.

Charlotte Gair scored good points with a victory in the A string Discus and B string Hammer, Claire Beaumont taking fourth in the A string hammer despite a nasty fall in the second round.

Greg Millar won the A string Javelin with a best throw of 51.55m and was Mansfield's top points scorer, contributing a total of 32 through performances also in the Shot, Discus, Hammer and Pole Vault.

Lara Thomas and Amie Grainger made it maximum points in the 1500m Steeplechase, Thomas taking the A string and Grainger, in her first outing of the season, the B. Grainger was another athlete to do the full five events adding the 100m H, 400m H, Javelin and a leg of the 4 x 400m Relay.

Ryan Childs and Amy Porter joined Millar and Grainger in completing five events each whilst Emma Wilkinson made it four, including a season's best of 2:25.2 over 800m.

Becky Woolley threw 36.54 to take fourth in the Javelin and added the Shot and Long Jump to this. Chris Clarke meanwhile produced apB with the U20 Discus and also scored well in the Shot and Javelin.

Ryan Saxton put in some preparations for his first English Schools outing with PBs over both 800m (2:08.0) and 1500m (4:24.6) whilst Rachel Brandham and Demi-Jade Jakymelen finished fourth and second respectively in the A and B strings of the 3000m to score good points.

Connor McHale was fourth in the Pole Vault and produced a PB over 400m Hurdles. Yvette Robinson and Jenny Stowell both ran individual trebles over 100m, 200m and 400m whilst Tom wallet had his first NJL outing over the 100m and 200m.

Harriers final match in this league is at home on Sunday July 25<sup>th</sup>.