

Steve Lisgo retained his spot at the top of the UK Mens 3000m Steeplechase rankings whilst running in the NCAA Mideast Regional Championships in the USA. Lisgo now aims to run 8:40 to gain selection for the UK team in the European Under 23 Championships coming up this summer in Lithuania.

5 Mansfield Harriers gained representative call ups for an East Midlands squad to take on Loughborough Students and the British Police in a triangular match last week at Loughborough.

Chris Brown and James Mee both came out on top over 800m and 3000m both recording season's best performances, Brown taking the two lap race in 1:54.2, before going on to finish 6th in the 1500m in 4:03.15 and Mee taking the longer distance in 8:42.13.

Stuart King joined Mee in the 3K where he finished 5th in 8:57.95 whilst Sam Cordin came home 4th over 200m in 22.17.

Laura Bennett was second in the 100m Hurdles recording a time of 15.55, beaten by local rival Emma Komocki, who gained revenge for defeat by Bennett the previous Sunday in the National Junior League.

Chris Brown went on to set another new season's best at the BMC event at Stretford a few days later, running 1:52.01 over 800m. Danny Barks set a new PB at the same meet running 3:57.66 over 1500m whilst James Mee clocked 14:57.01 over 5000m.

Mansfield played host to visitors from Birchfield, City of Stoke and Notts AC in round 3 of the Midland Premier Division of the National Young Athletes League. Up against the 3 strongest clubs in the league was tough for the youngsters however the day saw some strong individual performances.

Chris Clarke set a new PB in the Under 15 Boys Shot, his best throw of 13.34 taking him to 4th spot on the UK age group rankings. Clarke also took second in the Discus with 33.81m.

Becky Woolley also took good points with victory in the Under 15 Girls Javelin throwing 33.55 and taking second in the Shot with a best throw of 8.75m. Lucy banner took the B string Javelin with 26.63m.

Charlotte Gair couldn't match her medal winning performance of last weekend when she took the Midland title however still did enough to win the Under 17 Women's Discus with a best throw of 35.05m. She also won the Hammer with a best throw of 25.90m.

Elsewhere on the field there was double victory for Chloe Elphick and Laura Massey in the Under 17 Women's Pole Vault, a win for Jamie Harby in the

Under 15 Boys B string Discus (32.83m) and a win for Beth Mortiboy in the Under 13 Girls Long Jump (4.25m).

Mansfield continued their domination in the female middle distance events winning 12 of the 14 available races.

Christie Childs won A and B string in the Under 17 Women's 800m with Hannah Wragg and Claire Talbot doing likewise. Shannon Boardman continued her improvement with a win in the A string 1500m, clocking 5:08.5.

At Under 15 level Hannah Hardy took the A string and Hayley Silver the B string over 800m with Demi-Jade Jakymelen dipping under 5 mins again to take victory in the 1500m with 4:59.6.

Molly Johnson and Emma Heath scored maximum points over 800m in the Under 13 age group with Caelidh Ross and Claire Norris doing likewise over 1200m.

Lewis Ashmore and Bailey Wardle were another dup to take maximum middle-distance points winning the A and B strings in the Under 13 Boys 1500m.

Other wins on the track came for Ryan Childs in the B string 400m, just being pipped by team-mate David Lagerberg who was second in the A string, and Jess Grieves in the Under 17 Women's 300m Hurdles.

There was a new club record of 2:28.2 for the Under 17 Women's 4 x 300m squad of Claire Talbot, Shannon Boardman, Rachel Brandham and Christie Childs as they took second spot to Birchfield.

Steve Davies and Steve Taylor both dipped under the magical 3 hour mark at the Edinburgh Marathon. In heat of around 23 degrees Davies just crept past Taylor in the last few miles to record 2:56.30 with Taylor finishing in 2:57.35.