

Mansfield athletes returned from the County Track and Field Championships with an impressive medal haul, several new personal best performances and a handful of championship best performances.

The Nottinghamshire and Derbyshire Championships were again held together and this year's venue was Derby's Moorways Stadium.

Whilst the majority of Mansfield Harriers competed in the Nottinghamshire Championships Demi-Jade Jakymelen took the honours in the Derbyshire Championships. Saturday saw her set a new PB whilst running to victory in the 800m and then the following day she took nearly 10 seconds off her 1500m best to take gold with an impressive time of 4:51.29, an English Schools qualifying time.

Rachel Gair set a new Championship Best Performance in the Senior Women's Hammer to take victory. Her throw of 59.27m takes her ever nearer the magical 60 metre mark – one she will surely crack before the end of the season.

Younger sister Charlotte, still an under 17, but choosing to compete in the senior event, threw a new PB of 39.19m – a distance which would have set a new championship best in the under 17 category.

Becky Woolley continued her domination of the throws taking gold in the Under 15 Girls Shot and Javelin with best throws of 8.75m and 36.69m (just 7cms short of her PB) respectively. Lucy Banner took silver in the Javelin with 26.49m.

The Woolley family continued the medal haul with silver for Richard in the Javelin, his 57.53m just missing out on Gold by 25cms. Brother Matt took gold in the Shot with 12.52m whilst Dad Steve took the VM50 title in the Hammer with a best throw of 35.20m. Lee Peters took the Javelin bronze throwing 52.43m and Claire Norris took bronze in the Under 13 Girls with 13.03m.

Greg Millar took Gold in the Under 17 Men's Javelin throwing 47.77m and backed this up with Silver in the Long Jump with a best leap of 5.15m. Younger brother Ewan took bronze with 4.96m.

Tom Bell continued with the jumps medals taking the Senior Men's Long Jump Gold with 6.33m. Jack Cabourn took first spot in the Under 15 Boys High Jump (1.50m) whilst Beth Mortiboy also secured Gold in the Under 13 Girls Long Jump with 3.88m and Beth Farr picked up bronze in the Under 17 Girls with 4.29m. Conor Mchale completed the line up of medal winning jumpers with a bronze in the Pole Vault clearing 2.50m.

Natalie Yates won treble gold in the Senior Ladies events over 800m, 1500m and 3000m whilst Sam Cordin just missed out on the same in the Senior Men's competition.

Cordin dipped under 22 seconds for the first time over 200m taking Gold in 21.93 secs. Returning on Sunday to run over 400m and 100m Cordin clocked 49.08 for Gold over the longer distance before running 11.32 to take the silver over 100m having earlier ran 11.18 in the heats.

With their strength in depth growing all the time in the Senior Men's sprints Cordin was backed up well and this meant more medals for Harriers. Martin Cook took silver over 200m in 22.31 with Neal Baines just missing out on the medals in 4th, clocking 22.84 and Martin White 6th in the 100m in 12.01. Paul Wright was the second of 5 Harriers back in the 400m final, his 49.60 taking the bronze medal slot. Martin Cook also broke the 50 second barrier running 49.78 for 4th place.

Mansfield's strength in middle distance running continued to shine with Caelidh Ross and Sam Johnson both coming away with double gold from the Under 13 800m and 1500m.

Ross clocked 2:32.65 to take the 800m on Saturday and was followed home by 5 Harriers – Molly Johnson and Claire Norris taking the other medal spots. The same 3 girls took the same 3 medals over 1500m the following day.

In the boys event a new PB of 2:28.28 led Sam Johnson to victory in the 800m, followed home by Bailey Wardle and James O'Mara who took silver and bronze. The previous day Johnson took Gold over 1500m with a time of 5:03.02, Wardle taking bronze in 5:15.43.

At Under 15 level there was a silver for Hannah Hardy over 1500m with a time of 5:16.29 whilst at Under 17 level Hannah Wragg, Claire Talbot and Rachel Brandham made it another clean sweep for the green and blue vests in the 1500m after Christie Childs (1st), Wragg (2nd) and Brandham (3rd) had done likewise over 800m the day before.

Hannah Wragg made it two golds when she won the 3000m in 10:36.92 with Claire Talbot picking up her second silver in 10:57.45.

Amie Grainger took gold in the Under 20 1500m Steeplechase, the time of 5:33.75 giving her an English Schools qualifying time. Georgia Milton and Emma Wilkinson took double gold and silver respectively over 800m and 1500m, Jodie Bestwick picking up third spot over 800m. Kate Raynor and Gina Radford took 1st and 3rd in the Under 20 3K with Raynor also picking up bronze over 1500m.

Danny Barkes cruised to victory in the Senior Men's 1500m with an excellently timed finish, Stuart King picking up second whilst Mike Mumford's 2:05.48 saw him run to victory in the 800m. King had taken the silver the day before in the 5000m

Ryan Childs took bronze in the Under 17 Boys 800m in 2:06.37 with Will Stone just missing out on the medals but finishing 4th in a new PB of 2:09.74.

Richie Talbot went under 10 minutes for the first time in the Under 17 3000m, his time of 9:59.20 giving him the gold medal. Elsewhere over 3000m Doug Ross took bronze with his 9:58.32 in the Veterans event and Daniel Ward was second in the Under 20 event in 10:56.14, having run 5:08.82 the previous day to take the title over 1500m.

Rachel Norris and Beth Mortiboy made it a one, two in the Under 13 girls 100m, Norris running 13.63 and Mortiboy 14.54. Norris took a second medal over 200m, finishing in silver position clocking 28.67 and then went on to take gold in the Shot with a best throw of 5.01m. Abigail D'Aguiar took bronze in the 200m in 30.21.

Robyn Foster finished second in the 100m on day one in a time of 13.39 and then went on to take gold over 200m with an excellently timed finish, recording 27.90. Brother Jack took gold in the Under 13 Boys 200m in 29.40, team-mate Ben Hardy taking silver in 29.86.

Ben Leivers-Riley took bronze over 200m in the Under 17 age group clocking 24.47 and Cy Holmes did likewise over 100m in 12.33. Ryan Childs was second over 400m in 51.56 in the same age group and also took silver in the Triple Jump with a leap of 10.48m. Christie Childs followed up on her 800m victory taking a bronze in the 300m in a time of 42.94.

Adam Sansom took 4 silver medals over the 2 days and set new PBs along the way. His campaign started in the 400m Hurdles where he clocked 57.99 before going on to secure medals in the Triple Jump with a best jump of 12.50m, Long Jump with 6.08m and 100m in 11.56. He also just missed out on the medals in the 200m despite running a PB of 22.48 and the 400m with a time of 50.94, having run 50.36 in his heat.

Laura Bennett was another multi medallist coming home with a haul of 4 in total. Despite cancellation of her specialist 100m Hurdles event, Bennett took Gold in the Long Jump with a best leap of 4.72m and picked up silver in the Shot and bronze in the 100m and 200m, recording a new PB in the former with a time of 12.97.

Ancell Maxwell set new Championship Best Performances over 400m, High Jump and in the Long Jump in the Veteran category, his time over the one lap race of 53.20 leading

the field by a full 4 seconds with Chris Ashmore second in 57.20. Ashmore was also second to Maxwell in the Long Jump where just 5cms separated the pair. His trio of CBPs was completed with a jump of 1.60m in the High Jump having also taken silver the day before in the Veteran Men 100m, his time of 11.68 leading home Martin White (3rd in 11.88) and Chris Ashmore (12.27).

Jess Grieves recovered well from a nasty fall in the Under 17 300m Hurdles. Grieves, who stumbled, as she approached the line, picked herself up despite being badly grazed just losing out on the Gold by one hundredth of a second. Chloe Elphick took the Bronze.

Elphick went on to a haul of 5 medals, taking Gold in the Triple Jump and Long Jump with best jumps of 10.54m and 4.65m respectively and Silver in the High Jump with 1.40m and Javelin throwing 22.88m.

Stef Wilcockson and James Hardy completed a double gold medal winning performances in the Senior and under 20 Men's 110m Hurdles respectively – clocking 16.39 and 14.98 respectively.

This made a double for Wilcockson who had earlier taken the 400m Hurdles in 57.68 from team-mate Jonny Newell who clocked 60.34. Elsewhere over the Hurdles there were medals for Conor McHale (silver in the Under 17 Men's 100m, Jack Cabourn (bronze in the U15 Boys 80m) and Beth Farr (bronze in Under 17 Girls 80m)

Away from the track and field 5 harriers took part in the Larwood 10K with Trevor Hiscox the first green and blue vest home. Hiscox was 49th in 41-53 followed home by Julian Wood, 82nd in 44-16. Other finishers were Eva Williams (121st in 46-46), Clare Coombes (105th in 47-19) and Maddy Collinge (136th in 47-27).

