

Mansfield Harrier Steve Lisgo made an excellent start in his track debut for Butler State University clocking a personal best of 8:29.27 for 3000m indoors.

Lisgo, a steeplechase specialist, has been at the American University since graduating from Leeds Metropolitan University in the summer and has been adapting well to the American college training regime.

His new personal best also saw him take victory in the race – an Early Birds meeting held in Eastern Illinois.

Closer to home a small group of Mansfield athletes also tested themselves out at an indoor meeting held at Sheffield's English Institute of Sport facilities.

Adam Sansom continues to find good form coming out top of the Mansfield contingent over both 60m and 300m. The Under 20 athlete clocked 7.57 over the shorter distance and 36.81 over 300m. Sam Cordin was just ahead of Sansom in the 300m with a time of 35.71 with Paul Wright just behind recording 7.76 and 37.14.

Ryan Childs looks to have rid himself of the injury problem she struggled with over the summer recording promising performances of 2:44.89 over 1000m and 38.04 over 300m. Alex Lloyd and Jonathan Newell also turned out over 300m with times of 40.10 and 40.25 respectively with Ben Leivers-Riley and Chris Ashmore taking part in the shorter 60m event clocking 7.93 and 8.01.

Ashmore was the only field eventer of the day with a best jump of 4.96m in the Long Jump and Stuart King turned out over the 15 lap 3000m to record 8:57.73.

The men's group was joined by 3 girls – Elise Glover doubling up over 60m and 150m recording 9.24 and 22.16 whilst Caelidh Ross and Keira Abbott both went over 1000m, Ross running 3:22.41 and Abbott 3:30.98.

Aswell as the indoor action Harriers were also out on the roads with 3 local races taking place in the last week.

Rob Smith was first back at the Bolsover 10K finishing in 20th place with a time of 36:27. Faz Fahy continued his return to form just 3 places behind Smith recording a time of 36:59.

Natalie Yates and Trevor Hiscox both cracked the 40 minute barrier, Yates finishing 50th overall in 39:08 and Hiscox 66th in 39:56.

Hammer thrower Lorraine Garvey swapped the circle for the croads clocking an impressive 61:40 to finish in 649th place.

OTHER MANSFIELD FINISHERS: 113: Bob Scott – 42:44, 164: Julian Wood – 44:38, 169: Eva Williams – 44:45, 219: Carol Hartin – 46:37, 254: Claire Coombes – 47:32, 381: Wanda Curley – 50:57.

Miriam Tedder finished in 185th at the Keyworth Turkey Trot Half Marathon and with a time of 96:10 was 14th female back.

Dave Rose recorded 1:45.47 for 324th spot with Maddy Collinge 4 minutes behind him, finishing 420th in 1:49.48. Tina Green and Tania Smith completed the Mansfield line up finishing 454th and 706th and clocking 1:51.30 and 2:09.17 respectively.

Steve Davies finished in 12th place at the Edwinstowe 10K completing the course in 39-12. Colin Fell was 63rd in a time of 45-40 and Chris Fell finished in 171st spot recording 53-51.

In a busy weekend of cross country for Mansfield's youngsters the final race of the Nottinghamshire Schools Cross Country League was held in very wet and muddy conditions at Berry Hill Park.

Harriers athletes took a clean sweep of the top five in the Under 13 girls race with Molly Johnson leading the way followed by Claire Norris. Ella Shirley took third place spot with Emma Heath in 4th and Rachel Norris in 5th.

The top 3 spots went to Mansfield athletes in both the year 7 boys and year 10/11 girls. Sam Johnson made it a double for the Johnson twins at year 7 with victory in the boys, Bailey Wardle finishing second and Lewis Ashmore in third. Hannah Wragg, Claire Talbot and Laura Brown took 1, 2 and 3 in the girls' event.

The most convincing win again went to Ryan Saxton in the longest race of the morning – the year 10/11 boys. Saxton set a strong early pace in the 3 lap race and soon pulled away from the field however Ewan Millar had an excellent race to finish second and continue his improvement over the country.

Chevelle Baxter took 3rd spot in the year 8/9 girls with Demi-Jade Jakymelen and Hannah Hardy chasing her in for 4th and 5th spots. Jake Lancaster was first back for harriers in the year 8/9 boys coming home in 3rd spot with David Wilkinson securing a top five finish in 5th place.

Alex Rieley and Nicole Goulding made it a Mansfield double in the year 5/6 races, Rieley finishing strongly in the boys and Goulding being joined in the girls by 5th placed Emma Cundy.

The mud was no better the next day as the Nottinghamshire mini league fixture took place at Huthwaite's Brierley Park however 4 victories from 6 kept a smile on the face of the Mansfield youngsters.

Alex Rieley and Ryan Saxton made it a double for the weekend as they secured top spots in the Under 15 boys and Under 11 boys whilst Chevelle Baxter took the honours in the Under 13 girls and Bailey Wardle did likewise in the Under 13 boys.

The Under 13 girls produced the best team performance of the day with Robyn Foster taking second behind Baxter and Claire Norris taking 4th place spot. This trio were well backed up by Tamsin Smith in 9th, Rachel Norris in 10th and Holly Smith in 12th.

Hannah Hardy and Alice Mortiboy backed up Demi-Jade Jakymelen well in the Under 15 girls' race taking 3rd and 4th respectively whilst Sarah Dixon came home in 12th.

Jake Lancaster returned in second spot in the Under 13 boys with Lewis Ashmore the third counter in 6th. Jordan Boam finished in 10th with George King (12th), Joseph Ashmore (18th) and James O'Mara (20th) completing the line up.

Tom O'Mara finished 7th in the Under 15 boys race but with only him and Ryan Saxton turning out Harriers failed to record a team in this age group.

Ben Hardy (7th), Harrison Smith (9th) and Josh Boam (20th) completed the Under 11 boys' team with no Under 11 girls turning out at all.

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