

EREWASH SUMMER LEAGUE 13th June 2007

LADIES TAKE CENTRE STAGE

The ladies took centre stage on a very wet and undulating course around the countryside of Erewash. 12 ladies took part to show how far the section has moved forward from a year ago. They won on the night and now lead by a massive 41 points compared to last year at this stage they were 7th team. The veteran ladies are also in 2nd place overall and should improve in the next 2 fixtures by using Jackie as a vet instead of a senior.

So well done Ladies, the club and I are so proud of your achievements thus far.

Liz Lilley again produced the goods with a storming run to finish over 40 seconds in front of her nearest rival. This also brought Liz back in 37th place overall in the combined race and ensure she cemented her 1st place overall. Liz's comeback has been nothing short of phenomenal considering the short time since she gave birth. Liz has got her head down and has benefited from the tremendous support by her partner, Steve. **Jackie Massey** was next back for the club with a fantastic 5th position and had a race long battle with her great rival, Helen Burrell from Redhill. This good run was despite the normal ritual of moaning and downcast attitude that we have come to love Jackie for. If only she believed in herself like everyone else does it would save her all the heartache and anxiety before the race starts. **Lisa Farquharson**, the better half of the Farquharson running family continues to be the find of the summer. With her determined attitude she produced another sublime display to beat a host of runners more experienced than herself. She has been a vital member of the Ladies section and has scored in all 3 races. Lisa's talent has no bounds if she decided to take running seriously. Next back for the club was **Eva Williams** who had a cracking run despite her injury fears to slip inside the Top 30. Eva is another athlete who has been a vital addition to the squad this year and showed again the spirit in the camp by running despite not being 100% fit. **Tina "the tiddler" Green** again showed the consistency we have come to expect with a solid 39th place. Tina is one of those runners that every club needs by turning out week in and week out whatever the weather and whatever fitness levels she is at. She is a credit to the club even when she gets caught short. **Jane Stafford** followed close in less than 20 seconds behind Tina with her best run of the series so far. Jane always runs aggressively and is now benefiting from racing more and is showing big improvements in her results. **The two Julies off bad girls, Potts and Grainger** again had a terrific battle all round the course with Julie Potts eventually getting the better of her namesake by the margin of 3 seconds. As mentioned before these two ladies seem to battle every race for club and personal pride. **Helen Scott** again ran a solid race for the club to finish in 61st place. Helen is another athlete who never shirks a challenge or lets the club down. She is more settled in her home life now and will reap the rewards as the season unfolds. **Denise "the smiler" Winfield** again showed she smiles however much a race hurts and whatever the weather with another good finish in 76th position. Nothing seems to get Denise down and is always there for you to raise your spirits. **Angela "jester pants" Davies** was next back for the club in 85th position with another good performance by the eccentric better half of the Davies clan. Angela not only has to keep racing but also keep her husband in check, which is never an easy job. **Chris Huntington** ran her usual dogged race to finish just outside the top 100 in 105th position. Chris is another superb club athlete who has very rarely missed an event in all the time I have known her.

You have all been fantastic this year and have showed what can be achieved when you put your minds to it and all turn out. The nucleus of the team is superb and if you continue to show the same fighting spirit and togetherness for the rest of the series you will pick up a host of medals. You then need to carry on the good work and start performing at Midland level in events such as the 4 and 6 stage relays.

Well Done Ladies
Love Carl,

The Grinner