

Eight Mansfield Harriers have been named in the Nottinghamshire team to compete in the English Schools Track and Field Championships at Gateshead Stadium on July 11<sup>th</sup>/12<sup>th</sup>. Harriers have representatives across all 3 age groups and across a wide range of disciplines.

Sam Cordin is named in the Senior Boys events and, along with Junior Boy Ben Leivers-Riley, represents the club's sprint contingent.

Charlotte Gair, silver medalist at junior level last year in the Discus steps up to the Intermediate age group this year and is joined in the throws by Becky Woolley – selected in the junior girls Javelin.

Adam Sansom and James Hardy both compete at intermediate level – Sansom in the 400m Hurdles and Hardy in the 100m Hurdles.

The line up is completed by Christie Childs and Georgia Milton both of whom will go in the Intermediate Girls 800m.



Mansfield's Junior team continued their strong season in the National Junior League Midland Premier Division fixture at Cannock. In a match that was tight all day Harriers finished fourth – only missing out on second by 15.5 points.

The team now make the long trip to Swansea for the final fixture lying in second place in the league and if they can retain that will qualify for the National Finals for the first time in the club's history.

James Mee and Richard Woolley chalked up a fifth of Mansfield's total points score between them - Mee competing in 5 track events and Woolley matching this with 5 on the field.

Victory in the 2K steeplechase along with 3<sup>rd</sup> place spots in the A string 800m, 1500m and 3000m and a second in the B string 400m Hurdles gave Mee a total of 42 points whilst Woolley's victory in the Javelin along with 2<sup>nd</sup> place in the A string Shot, 3<sup>rd</sup> in the A string Hammer, 3<sup>rd</sup> in the B string Triple Jump and 5<sup>th</sup> in the B string Long Jump gave him 38 points.

The Cordin brothers took good points in the sprints – Sam coming home 4<sup>th</sup> and 2<sup>nd</sup> in the A string 100m and 200m whilst Jonathan took 3<sup>rd</sup> in the same events in the B string along with a 3<sup>rd</sup> place spot in the 110m Hurdles and a 5<sup>th</sup> in the B string Javelin.

Tom Bell had a best jump of 13.49m to take second in the Triple Jump while Dale Jacobs finished 3<sup>rd</sup> in the B string High Jump.

Charlotte Gair and Beth Farr recorded the club's only double of the day finishing first in the A and B string respectively in the Discus. Beth had also won the B string Shot earlier in the day along with a 3<sup>rd</sup> place finish in the A string Javelin.

The windy and rainy conditions didn't stop Hannah Wragg and Amie Grainger from both shaving half a second of their personal best times in the 3000m and 1500m respectively. Both finished in second place spot with times of 10:36.5 and 4:59.5.

Elsewhere on the track Christie Childs ran an excellent race over 400m to win the B string in 60.2 and Jess Grieves again ran well in the 400m Hurdles to finish second. She followed this up with two third place spots – in the A string High Jump and B string 100m Hurdles. Laura Bennett was third in the A string 100m Hurdles to add to her 3<sup>rd</sup> in the A string Shot and 4<sup>th</sup> in the Long Jump.

The end of the day saw the Women's 4x400m relay squad set a new club record of 4:05.8. The quartet of Christie Childs, Jess Grieves, Amie Grainger and Georgia Milton worked tirelessly in the blustery conditions to take one second off the previous record which has stood since 2004.

Mansfield's Masters athletes have recorded some good performances recently with outings at international, national and regional level.

Javelin thrower Lee Peters competed for GB Masters at Ashford, Kent in a fixture against France and Belgium finishing 7<sup>th</sup> with a best throw of 55.46 metres.

Doug Ross was 24<sup>th</sup> in the British Masters 5K National Road Race Championships at Horwich, his time of 17.00 mins placing him 14<sup>th</sup> in the VM40 category.

Meanwhile the club had a very successful day at the Midland Masters champs at Solihull bagging a total of 10 gold medals, 6 silver & 1 bronze.

On the track, Chris Ashmore made the most of his first year in the M45 category with a Silver medal in the 100m before smashing his personal best to take the 200m Gold in the time of 24.4sec just moments after claiming his second Silver medal in the Long Jump.

Martin White produced a sprint treble with three Silver medals in the M35 100m, 200m & 400m and Alan Maddocks took Mansfield's last track medal of the day with a Silver medal & season's best performance of 62.9sec in the M55 400m.

Shaun Davey (M45) & Lawrie Dunn (M60) both performed well in the 100m & 200m respectively but were unlucky to finish just outside the medals.

In the Field, Lorraine Garvey, Steve Woolley and Keith Dutton all had double successes, taking home two Gold medals each for their efforts. Lorraine won both the W35 Shot Putt & Hammer with the latter in a new championship best performance whilst Steve added a Bronze medal to the Gold's he won in the M45 Discus & Javelin. Keith won Gold in the M75 Shot Putt & Javelin.

Lee Peters (M40 Javelin), Pam Garvey (W55 High Jump) & Lawrie Dunn (M60 High Jump) made it 10 Gold's to round of a superb afternoon.

Berry Hill Park played host to the third fixture in this year's Nottinghamshire Mini League with Mansfield again finishing runner up to Notts AC.

Mansfield's performance of the day went to Kayleigh Ross who stormed to victory in the Under 13 Girls 1200m in 4:01.9 – an excellent time from a promising athlete who is still at the bottom end of this age group.

Nicole Goulding and Alex Reiley made it a double for Mansfield in the Under 11 600 metres – Goulding taking the girls race in 2:03.3 and Reiley the boys in 1:59.5. Meanwhile on the field Becky Woolley and Rowan Franks also scored a double in the Under 15 discus events.

Other Mansfield victories came for Demi-Jade Jakymelen in the Under 15 Girls 1500m and Robyn Foster in the Under 13 Girls

Laura Herrod took second in both Under 11 girls 80m and Long Jump whilst useful points were scored for other second place spots by Jordan Boam (U13 boys 75m Hurdles), Rachel Norris (U13G 100m), Ewan Millar (U15B High Jump), Michael Read (U11B 150m), Ryan Saxton (U15B 1500m), Becky Woolley (U15G LJ) and Jess Smith (U15G 200m).

Elsewhere on the track Sam Cordin, Stefan Wilcockson and Paul Wright all took part in the Summer Sprint series at Derby's Moorways stadium. Cordin's new personal best of 48.69secs in the 400m secured victory and a representative place in the East Midlands team to face the West Midlands in Birmingham in July.

Wilcockson recorded a new personal best of 52.05secs in the 400m with Wright coming home one place ahead of him in the same race in a time of 50.31secs.

Rachel Gair continued her return to form with a 4<sup>th</sup> place finish in the elite competition at the UKA Throwsfest at Birmingham's Alexander Stadium. Her throw of 58.23m sees her return to the sort of form she was hoping for this season and cements her position as one of the top ten female hammer throwers in the UK.

James Mee set a new personal best in the British Milers Club meeting at Solihull going dipping under 4 minutes for the first time with a run of 3:59.78. Chris Brown and Stuart King both set season's best at the same meeting – Brown recording 1:52.25 in the 800m and King 3:59.23 in the 1500m. Steve Lisgo was the fourth Mansfield athlete in action – recording 3:56.47 in the 1500m.

Away from the track Trevor Hiscox led home a group of Harriers in the Major Oak Trail race in Sherwood Forest finishing in 9<sup>th</sup> place in 37:05. Pete Collinge was next home completing the course in 38:52 to take 15<sup>th</sup> spot just 5 places ahead of Miriam Tedder, 20<sup>th</sup> in 39:29. Other Mansfield finishers were Graeme Wilkinson – 26<sup>th</sup> in 41:29, Maddy Collinge – 40<sup>th</sup> in 44:45, Bronwyn Ward – 76<sup>th</sup> in 68:24 and Dave Ward – 77<sup>th</sup> in 68:24.