

MANSFIELD BLUE AND GREEN ARMY ON TOUR 2007

NOTTS UNIVERSITY RELAYS – 17/03/2007

TEAM A - 32ND POSITION

DOUG ROSS	10.55
PETE STAFFORD	11.25
STEVE GRAINGER	11.33
STEVE CAPEWELL	10.45

TEAM B - 35TH POSITION

CHRIS SLEATH	10.53
STEVE LISGO	10.50
STEVE DAVIES	11.46
DOUG FLETT	12.00

TEAM C - 48TH POSITION

DAVE PEET	13.14
TREVOR HISCOX	11.57
BOB SCOTT	12.39
JOHN FARQUHARSON	11.26

TEAM D - 55TH POSITION

MARK JENKINS	11.35
PETE O MARA	11.57
JULIAN WOOD	14.19
DAVE ROSE	14.32

WELL DONE LADS GREAT TEAM EFFORT

LOVE CARL

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It was fantastic to see 4 teams finish the race with some very good performances and encouraging debuts for Mansfield athletes. It was a tough course in high winds but all the runners coped well against class athletes. Mixing the teams ensured that the A and B teams and also the C and D teams were battling against each other throughout the race which was exciting to watch. It was a good test before the 12 stage in 2 weeks time. Keep up the good work lads.

TEAM A

Doug Ross ran a superb first leg against some quality athletes. He went hard from the gun and only tired in the closing stages. Doug looks to of had a solid winter training and now needs to race more regular to make his mark in the upcoming veteran's races. Doug needs to have the confidence to challenge athletes he once looked up to. **Pete Stafford** took over the reins on leg 2 and produced his usual solid run in a much shorter race than he is normally accustomed to. Pete is one of our most consistent performers and will be looking to be part of our challenge for medals at the vets six stage at the end of the month. **Steve Grainger MBE** showed tremendous courage and ran another solid leg to keep the team in 35th position after 3 legs. He later found out he had a stress fracture of the foot that he has been running on for a few weeks now, either that or he has his MBE stuck in his shoe and is too proud to let it go. Our recent signing, **Steve Capewell** ran the anchor leg and ran the fastest time for the club on the day. This was despite having a nightmare day at work and having to move down the order to try and give him as much rest as possible. Steve is a superb talent and a fantastic addition to the club. He showed his fighting spirit on the day by moving the club up 3 places to finish in 32nd position.

TEAM B

Chris Sleath ran a fantastic 1st leg in his first competition for the club to ensure both the A and B teams for Mansfield came in virtually together and set up a fantastic duel throughout the race. Chris has missed a lot of training recently due to illness but showed his battling qualities and prove what a good signing he will become. **Steve Lisgo** took over next and gained some much needed confidence after a few mediocre runs compared to his own usual high standards he sets himself. Steve is very much a confidence athlete and now needs to believe in himself this summer and realise his potential .Remember what you have done in your running career so far and that you don't become a bad athlete overnight **Steve Davies** dropped down to an unfamiliar distance but acquitted himself well to record a decent time and keep the B team in front of the A Team. **Doug Flett** was on last leg for the B Team and just failed in his attempt to hold off his team mate, Steve Capewell but still had a solid run to bring his team home in 35th, just 3 places behind the A Team.

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TEAM C

Dave Peet showed the spirit in the club by moving on to the first leg after a late unexpected withdrawal. Dave is in heavy marathon training at present so did fantastically well to drop down to 2 miles and hold his own. Dave has had his best season to date in Mansfield colours and will look to continue this consistency throughout the summer months. **Trevor Hiscox** was next fresh from his antics in the “dentist’s chair” during the night out in Newcastle. He showed no ill effects as he produced his best result in a long time with a speedy time to show for it. **Bob Scott** took over and drove the team up 4 places with another solid run for the club. Bob was the oldest member of all the team and you can tell with his dress sense but he never lets anyone down and rarely misses an event for the club. **John Farquharson**, who was only there to watch but again showed the spirit in the club by agreeing to run even though he had just eaten a big dinner. Not only did he run but produced the fastest run in the C team and maintained the form he has shown all winter. John again will be a vital member of the team gunning for a medal in the upcoming Veterans relays.

TEAM D

Mark Jenkins in my eyes was the most pleasing performance of the day. He has spent two years suffering with illness, injury and lack of motivation but has rolled his sleeves up and battled back to produce a good performance that will give him renewed confidence. Mark has been a reliable member of the team for many years and if he can get back to his best will seem like the club has signed a new athlete. **Pete O Mara** produced one of his best performances in a Mansfield vest to move his team up 3 places. Pete looked strong throughout his run and the extra endurance training he has been doing lately is obviously paying dividends. **Julian Wood** in his first ever relay event for the club kept the momentum going and ran a solid leg to keep the D team in with a chance of beating the C team going into the last leg. **Dave Rose** in his first ever race for the club completed the quartet on the day and ensured all 4 team finished inside the Top 60 teams which was a great effort by all concerned.

There is a real buzz in the men’s team at present and we need to keep turning out in numbers for all the events. No matter what standard of athlete you are there is a place for everyone and the more members of the Blue and Green Army in races the better!!!!!!

Next event is:-

31st March – Senior 12 and Veterans 6 stage Road Relays at Sutton Park

Thanks Love Carl